



The College of Metaphysical Studies

A leader in the field of metaphysical/spiritual education since 1986



A Spiritual Approach to Self Healing

Beginning Saturday January 31, 2014 (10am - 2pm)

Facilitated by: Dr. Kay Robinson

The CMS course "A Spiritual Approach to Self Healing" will be held on alternating Saturdays (Jan 31, Feb 14, Feb 28, Mar 14, Mar 28) from 10am to 2pm at our Clearwater Campus: 18514 U.S. Hwy 19 N. Tuition is \$40 per session. Special financial arrangements can be made, in advance, on a case-to-case basis.

This course is required for Associate Degree, Healing and Mediumship Certifications

All beings are innately healers. There is a spirit within us, latent usually, but which may be quickened and made positive and dominant in the life. When this quickening takes place, the individual ceases to be an insulated unit, at variance with every other unit, and becomes one with that Universal Spirit which permeates and controls all things. Such a person becomes truly a wonder-worker, for he/she is filled with wisdom and power, and with that broad and tolerant sympathy which brings him/her into harmony with the soul of things.

Everyone can learn to direct the natural Universal Healing Energy. Anyone can do this. It is simple, effortless and an automatic part of our being. Once you learn it you can teach others the simple techniques and basics. How skilled you choose to become is up to you. This 12-lesson course is a practical description of how to be consciously in charge of your health and wealth, both spiritually and physically.

Though it may be natural to heal, it is a rare person that utilizes this energy with skill and expertise. As an infant, to discover that you have feet does not make you automatically able to walk. The repetition an infant uses to rise from crawling to those first unstable steps creates the foundation for the toddler, the child, the adolescent and adult to walk with authority and stability. Standing and walking becomes second nature. **Healing can become that instinctual and effortless, too.**

Don't be in a hurry. Keep your goal clearly before you. Your goal is simple ... to heal yourself and then others; to offer the spiritual healing energy you sense, feel, see or hear to those who need it most. If you ever find you've deviated from your pure intention, just get yourself back on course. The energy will help you – it is always waiting to rush to your assistance.

Each of us is a co-creator, a master, not a beggar. Cast aside your old thoughts, and stand forth in your real character as the child of God(dess). There will always be "problems" for those who seek them; and there will always be life, and an abundance of all good for those who seek the higher things. Tapping into the natural ability *is* very easy. Because we all intuitively know that this should be easy, we rebel against anything that makes it seem difficult. Because our natural abilities were not nurtured from birth, we have to rediscover how to use them.

Topics Included In This Course

- Love is the magical word
- Scientific prayer
- Self-healing
- Healing others
- The law of "Swings" or Rhythmic Growth
- The realization of abundance
- Healing your financial challenges
- Understanding God(dess)'s will within each of us
- Virtue and ethics
- Walk your talk
- Evolution and regeneration

CALL 727-538-9976 or Email DrBarbara@cms.edu for Information.