The College of Metaphysical Studies

Meditation Made Easy

The College of Metaphysical Studies course Meditation Through Spiritual Awareness will be taught at the Clearwater Campus, 18514 U.S. 19 N., starting on Tues, Feb. 3 at 7 PM. Listening to Your Inner Guide will be taught in conjunction with the meditation class. Classes are based on a 6-session plan. Tuition will be \$15.00 per weekly class session with \$45.00 payable at registration and \$45.00 due every 3rd week unless otherwise specified.

The instructor is Rev. Marvin Shepherd.

In this six lesson course you will explore and plumb the storehouse of wisdom, power, and all the treasures of the Power within us. You will learn how to use this Power in your daily life, your personal relationships, the healing of discord in your home or office, and in all other phases of your life. You will learn how to contact and use this Power to bring countless blessings into your life and into the lives of others. The techniques and programs presented in this course will enable you to use the mental and spiritual laws to experience guidance, health, prosperity, happiness, and peace of mind.

This course is designed to reveal to you in a simple, down-to-earth manner and in everyday language how to lead a richer, fuller, and more glorious life. All you have to do is to use the Power within you, which is always available, waiting for you to call on it. Cease looking outside. Look inside yourself and make the magic contact, for as you change your attitude and mind, you change your world. Within this course you will find the key to successful and triumphant living as you want to live it.

You are exactly what you think all day long. Consequently you are the artificer of your own future. As you change your thought-life or pattern, you change your destiny. The study and application of the laws of dynamics of life, the power of your mind, the power of will, the power of prayer, morality, spiritual law, memory, reason and imagination, faith, concentration and visualization all through scientific and spiritual awareness are contained within this six week course. The completion of this course will result in the most fruitful, rewarding, and richest experiences you have ever had.



For Information and Reservations Call 538-9976 or email <u>drbarbara@cms.edu</u>