

Listening to Your Inner Guide



The College of Metaphysical Studies presents the first in its foundation series: *Listening to Your Inner Guide*
Monday, January 11, 2016, 7-9pm, at the Clearwater Campus:
18514 U.S. Hwy. 19 N., Clearwater, FL. 33764
The Instructor is Ms. Carla Beetar

"Listening," long considered by many to be a by-product of Eastern mysticism has often been dismissed by busy Westerners as highly impractical. It has been thought that the contemplative life, which "listening" supposedly entails, could only be practiced in temples and ashrams. Only those Westerners, who have been involved in metaphysical movements, and like pursuits, have been sympathetic.

In pointing out here that our Source of Truth is as close to us as our own wondering – as close as our own thoughts – in this course, we take the mystery out of "listening," and the Divine within each of us becomes recognizable. In providing criteria for the recognition of our own holiness, we will by-pass the "static" and the babble that buzzes through our busy minds. Fantastic as this may seem, it works.

Most of us have been gifted with the ability to hear, but few of us have taken hearing and refined it into the art of listening. We tend to be defensive when we hear. Most of the time we're expecting to hear things that fit into our categories so we're really not as open to hearing what they're saying as we could be. Many times, too, as soon as the other person (or your inner-self for that matter) starts speaking, we're busy preparing our answer before they even have 10 words out of their mouth. Part of the time when we listen we hear a few words and we jump into the editing room of our mind to prepare an answer before we have paid attention to everything that is being said. Before we even hear what is being said, we respond and we're not responding on target.

Next time you're in a conversation with someone, or overhearing another, or listening to your inner voice, see how many times one party interrupts the other before he or she is finished speaking. Check yourself if you get the urge to jump in before the other person is through. We're such a microwave, drive-thru, high-speed society these days; we're rush-rush-rush, even when it comes to the art of conversation.

This workshop encourages you to listen in your own right and will uncover your own "inner voices." To be sure most of us already were listening, pursuant to this course of study. The Course includes An Introduction To Listening; The Secret Of The Inner Voice; Beginning To Listen; How Do We Contact Our Inner Guide; Ten Suggestions For Better Listening; Seeming Difficulties In Listening; Fifteen Listening Principles; Is It Working along with A Checklist Of Effective Listening.

All of us can use the methods and practices described in this course. We can learn how to identify, and how to listen to our loving, "inner voice," as well as how to by-pass our judgmental side. We can learn how to tap the source of the joy that is waiting within us. We can use the enclosed checklist to monitor our "listening," as well as the ten suggestions to "go within." None of these require lengthy periods of contemplation, but can be experienced as we work, drive, walk, eat, or meditate. Our "inner voice" is always broadcasting. Happy listening

The tuition is \$90.00 and the textbook is \$8.40 totaling 98.40. You can arrange to have the class sent to you via email in a PDF to print on your own to save the textbook fee. For these arrangements, to reserve your space in class or for any other questions, contact us at:

CALL 727-538-9976 or Email: education@cms.edu