

**School of Spiritual Natural Healing Arts**  
**Associate of Religious/Metaphysical Healing Arts**  
**– A Two-Year Course of Study –**  
***Total Credits Required for Graduation - 60***

**Required Courses**

<b><u>COURSE NUMBER AND TITLE</u></b>	<b><u>CREDIT HRS</u></b>
---------------------------------------	--------------------------

**Holistic Healing Art Studies**

HA-106	Healing Through Inner Peace and Contentment .....	1.5
HA-107	Healing Through Emotional and Mental Balance .....	1.5
HA-108	The Spiritual Approach to Self-Healing .....	3.0
IC-102	Platform Decorum for the Metaphysical Practitioner .....	4.0
		10.0

**Inner Development Studies**

ID-100	Releasing Fear Through Love .....	1.5
ID-101	Listening to Your Inner Guide .....	1.0
ID-102	Meditation Through Spiritual Awareness .....	1.0
ID-103	Releasing Guilt Through Forgiveness .....	1.5
ID-104	A Practical Approach to Building Self-Worth .....	1.5
ID-105	The Principals of Creative Responsibility .....	1.5
ID-106	Discovering Your True Self .....	1.5
ID-107	The Alchemy of Balance .....	2.0
CT-106	Expanding Your Mind Power Through Mental Exercise .....	1.5
ME-100	Metaphysics in Our Daily Lives.....	3.5
ME-106	Creating a Metaphysical Mind Set.....	1.5
		18.0

**Intuitive Awareness Studies**

CT-102	Journaling for Spiritual and Physical Health .....	2.0
IA-100	Introduction to Intuitive Development through Spiritual Awareness .....	1.0
IA-101	Sitting for Intuitive Development .....	1.5
IA-102	A Practical Approach to Chakra and Energy .....	4.0
IA-103	Dreams – The Secret Language of Sleep .....	1.5
IA-104	Manifestation through Creative Visualization .....	3.0
IA-106	A Practical Approach to the Human Aura .....	2.0
		15.0

## Theology Studies

ME-115	The Metaphysical Ethics.....	5.0
TH-104	Caregiving for the Spiritual Practitioner .....	3.0
TH-111	Introduction to Inner Spirituality .....	3.0
TH-113	Fundamentals of Inner Spirituality .....	3.0
		<hr/>
		14.0

## Intern Program

Metaphysical Healing Intern Program .....	3.0
---	-----