

**School of Holistic Healing Arts  
 Associates of Metaphysical Healing Arts  
 – A Two-Year Course of Study –  
Distant Learner Students  
 Total Credits Required For Graduation – 60**

**Required Courses**

<b><u>COURSE NUMBER AND TITLE</u></b>	<b><u>CREDIT HRS</u></b>
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**Holistic Healing Arts Studies**

HA-101	The Metaphysical Use of Mind and Energy .....	3.0
HA-108	The Spiritual Approach to Self Healing .....	3.0
IC-102	Platform Decorum for the Metaphysical Practitioner .....	4.0
		10.0

**Intuitive Awareness Studies**

IA-100	Introduction to Intuitive Development Through Spiritual Awareness .....	1.0
IA-101	Sitting for Intuitive Development .....	1.5
IA-102	A Practical Approach To Chakra and Energy .....	4.0
IA-103	Dreams – The Secret Language Of Sleep .....	1.5
IA-104	Manifestation through Creative Visualization .....	3.0
IA-106	A Practical Approach To the Human Aura.....	2.0
ID-107	The Alchemy of Balance.....	2.0
		15.0

**Inner Development Studies**

ID-100	Releasing Fear through Love .....	1.5
ID-101	Listening To Your Inner Guide .....	1.0
ID-102	Meditation through Spiritual Awareness .....	1.0
ID-103	Releasing Guilt through Forgiveness .....	1.5
ID-105	The Principles of Creative Responsibility .....	1.5
ID-106	Discovering Your True Self.....	1.5
ID-108	Self Worth And Spirituality In The New Age .....	3.5
CT-106	Expanding your Mind Through Mental Exercise.....	1.5
ME-106	Creating a Metaphysical Mind Set.....	1.5
		14.5

**COURSE NUMBER AND TITLE**

**CREDIT HRS**

**Theology Studies**

CT-102	Journaling for Spiritual and Physical Health .....	2.0
ME-115	The Metaphysical Ethic.....	5.0
TH-104	Care giving for the Spiritual Practitioner .....	3.0
TH-111	Introduction to Inner Spirituality .....	3.0
SA-102	Techniques in Prayer .....	1.0
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		14.0

**Electives**

Any combination of CMS courses totaling 3.5 credits ..... 3.5

**Intern Program**

Metaphysical Healing Intern Program ..... 3.0